



DECLARATION OF CONSENT

Dear Sir or Madam.

Thank you very much for taking the time to read these lines. As you already know quite well, part of your treatment is to participate in urine testing on a regular basis. We want to shape this testing process in a new and more comfortable way. The steps are as follows:

First, you drink a solution we provide consisting of polyethylene glycols (in a beverage sweetened with normal sugar), thus marking your own urine. Then you collect your urine sample after 40 minutes at the earliest without any supervision.

Polyethylene glycols such as used for this purpose (in the sugar family) cannot be absorbed by the human body and are thus excreted completely (that's why they can't make you „gain weight“, for example). The marker substances are neither medicine nor medical devices.

By reshaping urine testing we want to achieve a significant improvement of the situation patients providing urine samples have been in so far. Until now, a supervisor had to come with you to the toilet stall and observe you „doing the job“ when manipulation was suspected: an uncomfortable and sometimes degrading situation for both parties involved. Now you can collect your urine sample in the bathroom without supervision and without violation of your privacy. You just hand it over afterwards.

Data protection is entirely ensured. Your care givers are subject to (doctor-patient) confidentiality. After determination of the laboratory results you can be informed of those results just as before.

You should also know that changes such as these have to be presented in detail to an ethics commission before they can be implemented. Such an ethics commission consists of doctors, jurists and other professionals. Only when there are no concerns whatsoever - as is the case here - any new procedure will be approved.

We would like you to declare your consent to the urine testing procedure described above with your signature and to return this document to your carer or physician. Of course, remaining questions will gladly be answered.

We thank you for your cooperation.

I hereby declare my consent to perform urine testing with the marker procedure.

_____, _____
(location) (date)

(name) (signature)

Any remaining questions have been answered by:
